



# RIDE GUIDE

JUNE 9 - 11, 2023  
SUGARBAG, PARKLANDS,  
EWEN MADDOCK DAM



Supported by Sunshine Coast Council



QUAD CROWN  
MTB SERIES  
AUSTRALIA

# NAVIGATING THIS GUIDE

The event information in this guide is organised to assist you with planning your Quad Crown MTB 'The Sunny 80' experience and ensuring a pleasurable time on Queensland's Sunshine Coast.

Our stages are detailed as accurately as possible, however last-minute course changes do occur for a variety of reasons. Please check our Facebook page for last minute changes and updates to course alignments.

Toward the back of this Guide, we outline everything you need to know in anticipation of your ride, including timing, awards, accreditation and safety. Please take some time to familiarise yourself, particularly with our start line systems and etiquette.

# JOIN THE CONVERSATION...



**@QUADCROWNMTB**  
**#quadcrownmtb**  
**#thesunny80**

**WWW.QUADCROWNMTB.COM.AU**

**RIDE | EXPLORE | COMPETE | REPEAT**

Image courtesy of Visit Sunshine Coast





# DIRECTOR'S WELCOME

Welcome to our second instalment in the Quad Crown MTB Series, The Sunny 80, which we are really excited to bring to the fabulous Sunshine Coast!

Our series finally kicked off in Tassie at the end of April after a series of challenges setback the series by 12 months from our planned launch in 2022. Nowhere was that more evident than in Queensland where our initial plans were heavily affected by rain, rain and more rain through the first half of last year.

We will admit that pretty much anyone from the southern states below Queensland always look on with envy at the sunshine and beautiful conditions that this state enjoys throughout Winter. So despite the wet challenges we faced last year, it was an easy decision for us to add in an event on the Sunshine Coast in June to the Quad Crown calendar with the hope of great trails, awesome food, fun times and plenty of sunshine to greet us for our event.

Following on from our first event of the series in Tassie, we are looking to build on the awesome vibe that all the riders brought to The Wild Penguin and hit repeat on the Sunshine Coast. We set out with a formula of finding the best trails in a beautiful region to combine a challenge for riders that could then be reminisced at the end of each stage over great food and drink, shared with even better company. All packed into one epic weekend!

Some of the highlights from our first event was the way the locals welcomed us to their trails and jumped aboard to help with preparation and trail marking and marshalling on each stage. Together with the quality of elite riders who smashed things out at the front of the race, the awesome crew of Weekend Warriors who

turned up to accept the challenge of riding two tough stages back to back, but more importantly brought the froth on the trails and then at the social functions afterwards, plus crowning our first King and Queen!

Already we have been getting the same feelings leading into the Sunny 80 event with awesome support from key people in the local mountain biking community as well as Parks and Council. We have also had heaps of interest from riders keen to head to the northern state and hit the reputed trails on the Sunshine Coast. To cap things off being able to include Sugarbag, Ferny Forest and Parklands in our inaugural event course is something we are pumped to rollout as these trail networks are renown as some of the best places to ride in Queensland. As the name suggests we feel we have put together 80km of the best trails in the region for our field of riders to enjoy over one weekend!

We would like to acknowledge the support we have received in the lead up to this event from The Bushrangers Mountain Bike Club and the team at Sunshine Coast Council, Queensland Parks and Wildlife Service and SEQ Water for working through approvals for each of the three stages of The Sunny 80.

To our major partners, Sunshine Coast Council and Visit Sunshine Coast, thank you for your involvement and backing. To all of our suppliers, accommodation providers, management, staff and volunteers, we again thank you for your support as we strive to ultimately achieve our goal of staging Australia's favourite MTB series.

Enjoy the trails and have fun!

*SALLY, LIAM, CHRIS AND JASON*

Directors

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# MAYOR'S WELCOME

## THE SUNNY 80

### THE QUAD CROWN MTB SERIES 2023

On behalf of the Sunshine Coast, I warmly welcome you to our region for the Sunny 80.

Our Sunshine Coast community embraces sport as an important part of our enviable lifestyle. As a leading event destination, our region hosts a wide range of sporting events, competitions and training opportunities which enable potential athletes to grow, develop and compete in a safe, friendly environment.

Our region has been a popular destination for mountain bikers for quite some time now, and we are likely to see even more interest with the Sunshine Coast a prospective venue for the 2032 Olympic Games mountain bike competition.

For those wanting to combine mountain biking with a holiday in a world-class destination you can have the best of both worlds on our Sunshine Coast.

Whether you are a new or returning visitor to our region, I hope you take the time to sample the wide range of experiences, events and destinations we have on offer. From our coastline to our beautiful hinterland, we have so much for you to explore.



To the event organisers, thank you for choosing our region for this action-packed event and celebration of sport.

To all participants – whether you are aiming for your personal best, training for something bigger, or are just in it for fun – I wish you all the very best and hope you enjoy this part of the series and our Sunshine Coast.

*MARK JAMIESON*

**MAYOR MARK JAMIESON**  
SUNSHINE COAST COUNCIL



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# EVENT TIMES

9-11 JUNE 2023

FRIDAY 9 JUNE

2.00 PM

## REGISTRATION OPENS

Sugarbag MTB Trails, Sugarbag Road, Caloundra

3.00 PM

## PRELUDE BEGINS

Sugarbag Road, Caloundra

5.00 PM

## SOCIAL FUNCTION

Moffat Beach Brewing Co, 51 Caloundra Road, Caloundra West

6.00 PM

## PRESENTATIONS

SATURDAY 10 JUNE

8.00 AM

## REGISTRATION OPENS

Hidden @ GroMad Plantations, 180 Yandina Bli Bli Road, Maroochy River

9.00 AM

## STAGE 1 - RACE START

Parklands, Hidden @ GroMad Plantations

1.00 PM

## SOCIAL FUNCTION

Black Flag Brewing, 13/3 Brisbane Rd, Mooloolaba

2.00 PM

## PRESENTATIONS

SUNDAY 11 JUNE

8.00 AM

## REGISTRATION OPENS

Mooloolah Valley Country Club, 129 Connection Rd, Glenview

9.00 AM

## STAGE 2 - RACE START

Mooloolah Valley Country Club

12.00 NOON

## SOCIAL FUNCTION

Mooloolah Valley Country Club

1.00 PM

## PRESENTATIONS

RIDE | EXPLORE | COMPETE | REPEAT



# FRIDAY 9 JUNE

## REGISTRATION, PRELUDE AND MOFFAT BEACH BREWING CO



### **2.00pm Registration Opens // Sugarbag MTB Trails**

Registration will clearly be set up at the Trailhead area.

Here, you'll receive your plate, transponder, event T-shirt and free beer token for Moffat Beach Brewing Co.

### **3.00pm Prelude Starts // Sugarbag MTB Trails**

The event will begin with a fun Prelude Stage right on the coast at the renowned Sugarbag Trail Complex on the coast at Caloundra. Tune up your bike and get the jetlag out of your legs as you start with a 10km blast around a collection of single track that has been referred to as "super sweet". This area features a mix of machine and handmade trails, with a collection of wooden features and a heap of flowing berms and technical sections. Ride to your ability and have a fun start to the weekend before you enjoy a beer at the welcome function at the nearby Moffat Beach Brewing Co.

The starting waves for the following days' stages will be based on the time you ride at the Prelude.

### **5.00pm Social Function // Moffat Beach Brewing Co. 6.00pm Presentations**

Moffat Beach Brewing Co,  
51 Caloundra Road, Caloundra West  
[www.moffatbeachbrewingco.beer](http://www.moffatbeachbrewingco.beer)

Since opening its doors in 2015, Moffat Beach Brewing Co quickly became one of the most popular destinations on the Coast, a place where friends could enjoy a great beer, delicious meal, and live music 'between the tanks', while watching the waves, and the world, go by.

The craft beer world started to notice as well, with Moffat Beach picking up numerous critically judged Awards, including Champion Small Brewery (2018 Indies), Champion Independent Brewpub (2020 Indies); as well as Grand Champion Beer, Champion Brewpub and Champion IPA at the 2020 Queensland Food & Wine Show Beer Awards. The word was out...

**RIDE | EXPLORE | COMPETE | REPEAT**





# SATURDAY 10 JUNE



## REGISTRATION, STAGE 1 AND BLACK FLAG BREWING

### 8.00am Registration Opens // Hidden @GroMad Plantations

From the south on the M1/Bruce Hwy, take the Yandina exit towards Yandina. Turn left onto Vee Rd, then left again into Yandina Bli Bli Rd. Registration will be set up at the event site.

If you haven't registered yet, here's where you'll receive your plates, transponder, and event T-shirt

### 9.00am Stage 1 Starts // Parklands, Hidden @GroMad Plantations

Wake up early on Saturday morning, grab a coffee by the beach, then head north to Hidden Valley at Nambour, our host venue for Stage 1. Located just 25 minutes to the north, Hidden Valley neighbours the incredible trail network of Parklands, which features over 35km of classic single track, passionately maintained by the awesome crew at Bushrangers MTB Club. The stage design features the best of Parklands' single trail, broken up by sections of fire road to give riders a spell and the chance to overtake. Whilst this stage comes in at around 32km in length don't be fooled, this course will be plenty tough with nearly 900m of climbing. This location is also earmarked to host Brisbane's 2032 Olympic Games' Mountain Bike events, so the opportunity to have a Quad Crown stage here is truly unique.

### 1.00pm Social Function & Presentations // Black Flag Brewing

### 2.00pm Presentations

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Black Flag Brewing  
13/3 Brisbane Road, Mooloolaba  
[www.blackflagbrewing.com.au](http://www.blackflagbrewing.com.au)

Beer drinkers before they were brewers, Blackflag is a collective of misfits who strongly believe in bringing good beer to the masses and having a damn good time doing it. They take the idea of community and the collective to their very core, with everything they do, brew and present to the world. Beer drinkers first, they want fresh, interesting and fun beers to share with friends.

They push the boundaries of what can (and should!) be done and allows them to do crazy stuff like taking a half pipe to their first ever GABS Festival or brewing a sessionable 14% Triple IPA. Raise the Flag!

RIDE | EXPLORE | COMPETE | REPEAT



# SUNDAY 11 JUNE

## 38KM

## STAGE 2, PRESENTATIONS & MOOLOOLAH VALLEY COUNTRY CLUB

### 8.00am Registration Opens

From M1/Bruce Hwy, take Steve Irwin Way towards Landsborough. Turn right onto Connection Rd and the Mooloolah Valley Country Club will come up on the left. Registration will be set up on the left as you enter the venue.

### 9.00am Stage 2 Starts // Mooloolah Valley Country Club

After a fun night out and about on the Sunshine Coast riders will need to dust themselves off and make the 20 minute drive east to Ewen Maddock Dam. Here the beautiful surrounds of the Dam and Dularcha National Park to the east will be the canvas for Stage 2, a course that will begin with a rollout for the first few kilometers, taking riders to Dularcha and some serious climbing! This is sure to break up the field of riders before you hit the flowing trails around the Dam and the renowned single track network of Ferny Forest. Coming in at around 38km with only 580m of elevation, this stage should be a little easier than Parklands but still test the legs, especially with the climbing to begin. Once done, an array of food and drink options will be at the Finish Line to enjoy and celebrate a ripping weekend riding the best of the trails on the Sunshine Coast.

### 12.00pm Social Function // Mooloolah Valley Country Club

Mooloolah Valley Country Club  
129 Connection Road, Glenview  
Time: 12.00pm onwards

[www.mooloolahvalleycountryclub.com.au](http://www.mooloolahvalleycountryclub.com.au)

Enjoy good Mooloolah Valley hospitality: great food, great beer, cocktails & bar, live music acts, every day menu specials, and barefoot bowls. The Mooloolah Valley Country Club provides a relaxed, casual atmosphere to dine and drink. It's a little gem in the hinterland.

Its relaxed and rustic Bar offers a relaxed, stylish atmosphere where you can enjoy the company of family and friends. Fresh and seasonal food will delight your tastebuds and consists of all your family favourites.

RIDE | EXPLORE | COMPETE | REPEAT







RIDE | EXPLORE | COMPETE | REPEAT

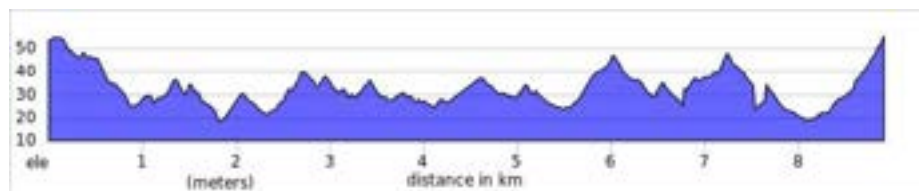




# FRIDAY 9 JUNE

REGISTRATION, PRELUDE AND  
MOFFAT BEACH BREWING CO

10KM



# SATURDAY 10 JUNE

REGISTRATION, STAGE 1 AND  
BLACK FLAG BREWING

32KM



RIDE | EXPLORE | COMPETE | REPEAT

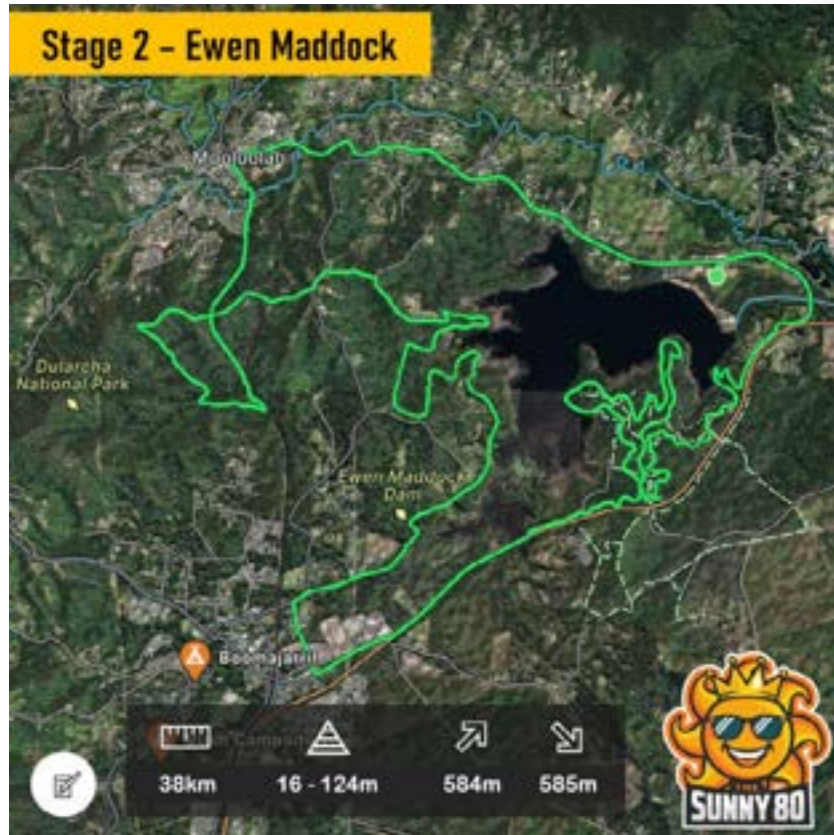


**SUNDAY 11 JUNE**

**STAGE 2, AND MOOLOOLAH  
VALLEY COUNTRY CLUB**

**38KM**

**Stage 2 - Ewen Maddock**



**RIDE | EXPLORE | COMPETE | REPEAT**





# HANDICAP SYSTEM

## WEEKEND WARRIORS – HANDICAP SYSTEM

Our unique Quad Crown handicap system is one we are continuing to revise from event to event, but the end goal remains the same - to identify and crown the Weekend Warriors who ride to the best of their ability at each of our events.

Each rider will be given a handicap from the Prelude based on their own time versus the average time for all riders. This handicap will produce an expected time for Stage 1 which will be compared with your actual time. The same will then happen for Stage 2, with your overall comparison times leading to a final placement on the Weekend Warrior Leaderboard. The aim is to identify the “most consistent rider” who can ride to the best of their own ability over each of the stages at the Sunny 80.

So keep keep an eye out for the Weekend Warrior Leaderboard after each stage. At the conclusion of Sunday’s Stage, we will award an overall winner based on the handicap system – identifying the rider in the field who had the best race based on their overall ability. It is meant to be fun and create some banter amongst mates across various abilities to keep things interesting for all riders!

## ELITE RIDERS – IN IT TO WIN IT!

We all know the elite riders are going to be up the front and smashing it like they do at every event. There will still be a crown for the Prince and Princess that take line honours as well as podiums at the end of each stage to recognise the best of the best. And of course prize money!

Furthermore, we will also implement ranking points from each of the Quad Crown Series events. At the conclusion of the 2023 Series, an overall winner in the Elite Male and Female categories will be announced. Points will be allocated at each event based on the following Top 10 places in both the male and female elite categories. The overall 2023 Series winners will collect additional prize money.

The Current Top 5 Quad Crown Series Leaderboard off our first event is as follows:

### MALE

- |                                 |                              |
|---------------------------------|------------------------------|
| 1. Sam Fox (25 points)          | 4. Cameron Ivory (10 points) |
| 2. Alex Lack (20 points)        | 5. Scott Bowden (8 points)   |
| 3. Daniel McConnell (15 points) |                              |

### FEMALE

- |                                   |                              |
|-----------------------------------|------------------------------|
| 1. Peta Mullens (25 points)       | 4. Melissa Britt (10 points) |
| 2. Jessica Manchester (20 points) | 5. Maya Martin (8 points)    |
| 3. Imogen Smith (15 points)       |                              |



# LOOKING FOR WINTER INSPIRATION?

DIG OUT YOUR DIARIES AND START CARVING OUT  
SOME TIME FOR THESE AWESOME WINTER ACTIVITIES  
ON THE SUNSHINE COAST.

## GO WHALE WATCHING

During winter, you'll be sharing our big blue front yard with Humpbacks as they migrate north - so why not score a front row seat and watch in awe as they dance and frolic at sea. The crew at Sunreef Mooloolaba will get you up close and personal with these gentle giants. Sunshine Coast Afloat also offer incredible whale watching experiences that will provide 'pinch me' moments aplenty.

## HOP ABOARD THE PRAWN STAR

The Wharf Mooloolaba has long been hailed as an unmissable foodie destination and one of its latest additions proves exactly why. Enter Prawn Star, a cheekily named converted fishing trawler moored permanently at the Wharf allowing you to dine on deck and dig into local seafood like a platter of world famous Mooloolaba prawns, crab and fresh oysters—an absolute seafood lover's paradise.

## HIKE THE GLASS HOUSE MOUNTAINS

Feel connected to country in the Glass House Mountains, a formation of 11 ancient volcanic peaks that formed more than 25 million years ago, with a hike around the base of Mount Tibrogargen or climb to the summit of Mount Ngungun.

## GO ON A CRAFT BEER TOUR

The Sunshine Coast has well and truly earned its title as Australia's Craft Beer Capital - with a slew of award-winning breweries dotted along the coastline and hinterland. Head to a taproom, order a tasting paddle and settle in for a cosy afternoon, slinging tasty meals (think: Mooloolaba prawns, towering burgers and pizzas), plus live music. Sip your way around the region by following the Craft Beer trail, or book yourself a spot on one of the awesome tours.

## KAYAK THE EVERGLADES

Can you hear that sound? More than 40 per cent of Australia's bird species can be found living around the pristine waters of the Noosa Everglades - one of only two everglades systems found on earth - and one of the best ways to explore is a kayak with Kanu Kapers.

## LEARN TO SURF

Surf's up year-round on the Sunshine Coast from the glassy waves of Noosa - a World Surf Reserve - to Australia's longest wave at Double Island Point. You'll be frothing to hit the waves, and a lesson with Coolum Surf School will have you hanging 10 in no time.

## FLY HIGH OVER THE SUNSHINE COAST

Strap yourself in for all the incredible scenes with a scenic helicopter flight over the coast and hinterland with Oceanview Helicopters - you can even choose a Fly 'n' Dine experience taking you to scenic destinations by air for epic eats.

## GET YOUR ADRENALINE PUMPING

There's something special about spotting dolphins in the wild, and with Noosa Ocean Rider, you'll be at one with the creatures of the big blue on their Dolphin Safari or Whale Watching Tour.



To find out more about the best things to do in winter on the Sunshine Coast  
[VISITSUNSHINECOAST.COM](https://visitsunshinecoast.com)

# ELITE RIDER PROFILES

When you attend a Quad Crown MTB series event, it's highly likely our wonderful Weekend Warriors will find themselves riding in the same field as Olympians, World and National Champions!

The Sunny 80 is no exception, with some of Australia's best chasing some warmth to join in the fun.

Feel free to hit these guys up for a few tips! If you can't keep up with them during the stages, make sure you head on down to a social function to have a chat.

## PETA MULLINS

Peta Mullens is an athlete. If challenges were a magnet, she is an iron ball – never able to roll too far away without getting pulled back in.

By the age of 14, she was already a State Champion Triathlete. Sidelined from triathlon due to a running injury, someone recommended she give track cycling a try. Over the past 20 years, Peta has racked up 12 Australian National titles between road, mountain, and cyclocross.



## DAN MCCONNELL

Dan began cycling at 13 years of age and at 23 was chosen for the Australian Team where made his Olympic debut at the 2008 Beijing Games. McConnell followed that up with a spot at the 2012 Summer Olympics.

At the 2014 Commonwealth Games, he won the bronze medal in the men's cross-country cycling.



## ORBEA WOMEN'S RACING

Made up of five of the nation's best female riders, this team is one to watch! Including 6 x National Champion and 5 x Oceania Champion (Cross Country and Enduro) Jess Manchester and 4 x National Champion Katherine Hosking, these powerhouses are joined by the super elite squad of Holly Lubcke, Ella Menigoz and Alanna Vandehoef.



## CAM IVORY

Cam grew up riding his BMX bike in the bush behind his house and spent most school holidays digging jumps and trying to out-do his mates. After a bad crash where he knocked out his front teeth and got stitches in his lip, he gave mountain biking a go at age 14 and quickly started to progress through the club grades, state and national level until he got selected for the 2009 Junior MTB World Championships at Mt Stromlo. Since then, Cam has been a member of the Australian MTB team most years and was a member of the 2014 Commonwealth Games team racing in Glasgow, Scotland. He is a 3 x National Champion Winner and definitely one to watch at The Sunny 80!



RIDE | EXPLORE | COMPETE | REPEAT







## CATEGORIES & AWARDS

The Sunny 80 is less about prize money and more about good times and an epic three days of riding. However, we do wish to acknowledge the riders who perform to the best of their ability and cross the finish line ahead of their cohort.

Our handicap system ensures that everyone and anyone is in the mix to be crowned the overall winner of The Sunny 80 (Male and Female) and proclaimed King and Queen. Podium glory, prizing and a taste of royalty await the Male and Female who finish with the fastest adjusted time.

A total prize pool of \$2,000 will be spread amongst the top 3 Elite Male and Female place getters, with all other category winners receiving prizing and podium recognition.

**RIDE | EXPLORE | COMPETE | REPEAT**



# RIDER JERSEY

If you haven't noticed already, we have one absolutely epic rider jersey this year.

The Pro Performance Jersey from series partner Tineli has all the best features combined with style, ensuring you're going to perform as well as look good.

How do you get your hands on one? If you didn't purchase one when completing your registration, you can purchase one at Registration on Friday or Saturday.

## Pro Performance Jersey - \$149.95

- Technical fitted jersey with waffle textured main fabric.
- High stretch fabric to comfortably fit a range of body sizes.
- Super lightweight fabric – ideal for hot conditions.
- Highly breathable, great moisture management
- Double stitched pockets and hems for durability.
- Three rear pockets.
- Full coverage, full colour, fade resistant digital sublimation printing



Our Pro Performance Jersey was designed by Tineli.

**TINELI**

## MEN'S JERSEY *SIZING CHART*

SIZE	CHEST	LENGTH
XS	88 cm	64 cm
S	92 cm	67 cm
M	96 cm	70 cm
L	100 cm	73 cm
XL	104 cm	76 cm
XXL	110 cm	79 cm
3XL	116 cm	82 cm

## WOMEN'S JERSEY *SIZING CHART*

SIZE	CHEST	LENGTH
XXS (4)	<74 cm	60 cm
XS (6)	77 cm	62 cm
S (8)	82 cm	64 cm
M (10)	88 cm	66 cm
L (12)	94 cm	68 cm
XL (14)	98 cm	70 cm
XXL (16)	100 cm	72 cm
3XL (18)	>104 cm	74 cm

**RIDE | EXPLORE | COMPETE | REPEAT**

# IMPORTANT RIDE INFORMATION

## RIDER REGISTRATION

All riders are required to collect their rider pack prior to the event. This pack will contain your number plate, transponder and cable ties and an event t-shirt.

Rider pack collection will be open at Sugarbag MTB Trails on Friday June 9 from 2.00pm and again from 8.00am at Hidden @GroMad Plantations on Saturday June 10.

It is highly recommended that riders collect packs on Friday so that your bike is setup correctly in advance and to avoid time delays.

## TIMING

The Sunny 80 is timed electronically by OneTime. You will receive a number plate, transponder and cable ties in your rider pack. These need to be fixed to your bike for the duration of the event. Please affix your transponder as per the below image. You cannot change transponders with another rider as it is unique to your registration. The Transponders must be handed back at the finish line of your final day of riding. You may keep your plate as a souvenir.

When you arrive at Sugarbag MTB Trails for the Prelude, or Hidden @GroMad Plantations for Stage 1, you will need to have your number plate and transponder fixed to your bike to enter. If you have not yet picked up your competitor pack containing these items, please head to the registration tent before attempting to enter the event.

Once your number plate and transponder are fitted correctly, you're good to go. Be sure to start in your allocated wave on Saturday as it is a gun start time. If you are not on time, please let us know at the timing tent so we can reallocate your chip into the correct wave.

Throughout the event you can keep track of your position by visiting <https://events.onetime.sport/event/1431>

If you have a timing issue, please have a chat with our staff at the Race HQ tent.



**RIDE | EXPLORE | COMPETE | REPEAT**





# IMPORTANT RIDE INFORMATION

## ACCIDENTS ON COURSE

If a rider in front of you crashes, this is not an opportunity to pass! Please stop immediately and ask if they need assistance. The first rider on the scene should remain with the rider, if the rider requires medical assistance the second rider on the scene is to remember the rider number and move forward to the next marshal check point with a radio. This will allow for medical assistance to be called and first aid to respond

## RIDER ETIQUETTE

Riders are to be reported to the Event Director if they:

- Disobey road rules;
- Be rude or disrespectful to other riders or marshals;
- Who behave in a way that puts any rider or marshal in danger;
- Is reported to litter on course;

Quad Crown believes in the honest and supportive culture of Mountain Biking and holds the safety of our riders a priority. If you stop to assist a rider with a mechanical or injury, please report to HQ and you will be awarded a time credit for the time spent helping out a fellow rider.

## HEALTH AND SAFETY

Whilst there is a portion of the course that is managed by our Traffic Controllers, the majority of it will have live traffic, meaning road rules will apply. Riders must NOT ride in a bunch on the road or take over the lane. It is important to understand that while traffic management is in place, roads remain open to vehicles. Riders must always give way to cars.

Riders who have medical conditions (eg Asthma) must carry their own medication for the duration of the event.

All riders should carry enough food, water, basic first aid and a tool kit in their daily ride kit. There will be basic feed stations on the course to allow riders to adequately rest and refuel.

## WITHDRAWING FROM THE RIDE

Should a rider decide to withdraw from the ride, they must notify official marshals on course, who will then communicate to the SAG vehicle to come and pick up the rider or alert timing so we're not waiting for you to finish while you're chilling at the after party!

**RIDE | EXPLORE | COMPETE | REPEAT**



# IMPORTANT RIDE INFORMATION

## START LINE – PRELUDE

The Prelude will see riders move through the course one by one with a gap between riders to ensure a clear run. There are overtaking points along the course should you need them and be sure to let a rider overtake should this happen to you.

At the conclusion of the Prelude the results and wave start times for the following Stage will be announced at the Moffat Beach Brewing Co social function and posted on social media. If you can't make the prelude and have registered for the weekend ride, don't stress – you will be given an average time for your seeding. Ebike riders will start at the last wave for all Stages.

## START LINE – STAGES 1 & 2

Riders will be called into the Start grids based on their predetermined Start Times announced the day prior. You will be checked off as you enter the grid, and your transponder will be already programmed to a gun start time.

If you wish to change waves to ride with a mate or you are running late, please let the timing tent know so we can make sure you get an accurate result. You're always welcome to hang back wave to ride with your mates, however we cannot push riders forward a wave.

**RIDE | EXPLORE | COMPETE | REPEAT**



# EXPLANATION OF SERVICES

ITEM	CONTENT
Bag Drop	The Sunny 80 has limited storage available. It is strongly recommended to not leave any belongings at the start or finish lines.
Bike Wash	Bike wash down facilities will be available at the finish line of Stage 2 only.
Bottle Drop	The Quad Crown will have a bottle Drop service on Saturday and Sunday of the race. Please ensure your bottle is dropped in the crates at Information prior to 8.30am and it will be taken to the water point for you. Please be advised that riders will not be able to collect their bottles until Sunday morning at the start line for Stage 2 and then at the presentations for Stage 2 as we wait for the Tail End to bring these back.
Coffee	Very important! Sugarbag Trail head is home to Declans who will be open on Friday June 9. Stages 1 and 2 will have a coffee cart on site to take care of you on the day.
Information tent	Got a question? Be sure to see a friendly Quad Crown team member at the information tent who will have all your answers. Day 1 will see information services open at 2.00pm. Days 2 and 3 at 8.00am. You can also purchase your exclusive Quad Crown rider jersey here.
Parking	Prelude Limited parking is available at the Sugarbag Trail head. If you arrive and this is full, overflow car parking is available at the Caloundra High School, this is a short 1.8km warm up to the trail head. Please do not park on Sugarbag Road as you will get fined. Stage 1 – Please follow directional signage and marshalls along Yandina Bli Bli Road. Stage 2 – Parking is available on site at Mooloolah Country Club. Please park in the designated areas signposted.
Registration tent	Registration tent will be open from 2.00pm till 5.00pm on Friday June 9 at the Sugarbag MTB Trails, Sugarbag Road, Caloundra. Then again on Saturday June 10 at Hidden @Gromad Plantations from 8.00am.
Rider packs	Rider packs will be available for collection at the registration tent. Your pack will include your transponder and rider plate, event T-shirt, free beer token for Moffat Beach Brewing Co and tourism information.
Water Points	Stage 1 water station is located at the 15km mark, at the Parklands Trailhead Carpark off Radar Hill Road. Stage 2 water station is located at the 24km mark just off Steve Irwin Way. There is no water station at the Prelude.





QUEENSLAND

# SPONSORS

THANK YOU TO OUR SUNNY 80 EVENT SPONSORS



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[www.visitsunshinecoast.com](http://www.visitsunshinecoast.com)



INFINIT NUTRITION  
[www.infinitnutrition.com.au](http://www.infinitnutrition.com.au)



SUNSHINE COAST COUNCIL  
[www.sunshinecoast.qld.gov.au](http://www.sunshinecoast.qld.gov.au)



MOFFAT BEACH BREWING CO.  
[www.moffatbeachbrewingco.beer](http://www.moffatbeachbrewingco.beer)



TINELI  
[www.tineli.com.au](http://www.tineli.com.au)



BLACK FLAG BREWING CO.  
[www.blackflagbrewing.com.au](http://www.blackflagbrewing.com.au)



FLIP INSURANCE  
[www.getflip.com.au](http://www.getflip.com.au)



MOOLOOLAH VALLEY COUNTRY CLUB  
[www.mooloolahvalleycountryclub.com.au](http://www.mooloolahvalleycountryclub.com.au)



ALKA POWER  
[www.alkapower.com.au](http://www.alkapower.com.au)



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